

M&M Cartage

Family-owned since 1972



ATTENTION ALL CDL HOLDERS

If you have a DOT physical or a CDL coming due you must renew 30 days or more in advance. You can make an appointment to renew your DOT Physical with the onsite nurse practitioner on Mondays at the main office in Louisville.

Louisville based drivers may also renew at Baptistworx or Concentra. Sharonville, OH or Newport, MI based drivers you must renew your DOT physical at Concentra. If you need or want to use Concentra, call Paula at 2760 for authorization at a Concentra location. Morristown, TN drivers you must renew at Health Star in Morristown or Talbott, appointments are required. When you renew your physical, your CDL or if you will be delayed in renewing, please notify Paula at extension 2760.

UPDATING EMAIL ADDRESSES

Please notify the safety department if you change your email address. This will prevent any delays with the assignment of monthly training videos which are mandatory and a condition of employment. If you have any questions about your current email address in the RMC or have any questions about your monthly safety training, please reach out to a member of the safety department.

VOL. 530

Jan. 30, 2026

Happy Birthday!

Keith Blair - 2/15
Marissa Burton - 2/16
Jeff Satterfield - 2/16
James Blackwell - 2/17
Chase Robbins - 2/18
James Sergent - 2/18
Drew Traub - 2/18
Leo Rodriguez - 2/19
Louis Howlett - 2/20
Cole Lyle - 2/20
Rigo Alvarado - 2/22
Steve Williams - 2/22
Kenneth Esquible - 2/23
Eddie Pena-Alvarez - 2/23
Laine Raney - 2/24
Teri Fugett - 2/26
Mike Palmer - 2/26
Terri Fennegan - 2/28

Happy Anniversary!

Kevin Wilson 2/14 - 4 years
Wade Welch 2/17 - 12 years
Josh Blevins 2/17 - 1 year
Mike Yates 2/17 - 1 year
Richard Larrance 2/19 - 8 years
Ernesto Ramirez 2/19 - 2 years
Sheila Stanford 2/19 - 2 years
Antwan McClain 2/20 - 9 years
Jimmie Smith 2/21 - 7 years
Robert Druin 2/21 - 4 years
Justin Birk 2/22 - 10 years
Pete Artcliff 2/26 - 2 years
Pat Davis 2/26 - 2 years
Steve Williams 2/26 - 2 years
Glenn Barna 2/27 - 3 years
Susan Taurman 2/28 - 14 years



TRUCK CLEANLINESS

Please make sure all trucks are clean and ready to be used at all times. All trash and personal items need to be removed from the truck at the end of your shift. Thank you for your attention to this matter and drive safe.

GEIL LANE TRAILER PARKING

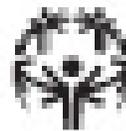
Please do not park trailers outside of the designated trailer spaces. Parking in lanes and front other causes unnecessary congestion yard raises chances preventable accidents. If you have any questions on where to equipment, please contact dispatch or shop. Failure in correct spots will result loss your monthly performance bonus.

2026 POLAR PLUNGE

The Polar Plunge benefiting the Kentucky Special Olympics will be held on Saturday February 21, beginning at 10:00 am at the Main Event in Jeffersontown. We have several employees participating this year. Jeff Satterfield, David Warford, Justin Meadors, Dan Lash, and Dan Fallahay will make up team **DRIVER DIVERS!** If you would like to donate we have a jar in dispatch or you can visit the link attached to this email for more information and donation opportunities for this great cause.



LOUISVILLE
POLAR PLUNGE.



FOR SPECIAL OLYMPICS KENTUCKY