

M&M Cartage

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Wellness Fair

September 27th, 1pm till 6pm

Please join us in the conference room on Wednesday, September 27th, for the Wellness Fair! We will have vendors joining us from around the community who have great resources that could help improve your day to day wellbeing, leading to a happier and healthy life! The vendors will have goodies and we will have prize drawings for those who participate. Don't miss out on great information, giveaways, and prizes!

Here are some of the vendors who will be at the fair:

- Walgreens will be onsite during the fair distributing Flu Shots for free.
- Morgan Stanley for 401K
- Thrive365 for Diabetes Resources
- Family Allergy & Asthma
- TrueScripts for Prescription Questions
- Delta Dental & Vision
- UMR for Medical Ins. Questions
- OHS for WellRight and Wellness Program Questions
- Broadway Nutrition (free samples)
- Fern Valley Chiropractor (free massage)
- Baptist Community Health
- Norton Community Health
- FRP for Medicare and KISx Information
- Mental Health Louisville



Please take advantage of this Wellness Fair to get questions answered about your benefits and check out some resources that will benefit your overall health and wellness.

Open Enrollment is that week and this is a great opportunity to ask benefit questions.